1979	1994	2008	2019
Norfolk Academy	Norfolk Academy	D-1: STAB	D1 - SSSA
		D-2: Covenant	D2-NSA
1980	1995	D-3: Trinity Meadowview	
St. Anne's-Belfield	Norfolk Academy		2020
		2009	COVID
1981	1996	D-1: STAB	
Woodberry Forest	Norfolk Academy	D-2: Highland	2021
		D-3: Roanoke Catholic	D1: EHS
1982	1997		D2: North Cross
St. Annes- Belfield	D-1: St. Christopher's	2010	
	D-2: Potomac School	D-1: St. Stephen's & St. Agnes	2022
1983		D-2: Christchurch School	D1: SSSA
Collegiate School	1998	D-3: North Cross School	D2: North Cross
	D-1: St. Christopher's		
1984	D-2: Western Albemarle	2011	
Norfolk Academy		D-1: Episcopal HS	
	1999	D-2: Christchurch School	
1985	D-1: Woodberry Forest		
Norfolk Academy	D-2: Cape Henry Collegiate	2012	
		D-1: St. Stephen's St. Agnes	
1986	2000	D-2: Hampton Roads	
St. Anne's-Belfield	D-1: St. Anne's-Belfield		
		2013	
1987	2001	D-1: St. Stephen's St. Agnes	
Collegiate School	D-1: Woodberry Forest	D-2: Highland School	
1988	2002	2014	
Collegiate School	D-1: Collegiate School	D-1: St. Stephen's St. Agnes	
	D-2: Bishop Ireton	D-2: The Covenant School	
1989			
St. Anne's-Belfield	2003	2015	
	D-1: Norfolk Academy	D-1: St. Anne's Belfield	
1990		D-2: The Covenant School	
Western Albemarle	2004		
	D-1: Cape Henry Collegiate	2016	
1991	D-2: Covenant	D-1: St. Stephen's St. Agnes	
Western Albemarle		D-2: Virginia Episcopal School	
	2005		
1992 Episcopal HS	D-1: Woodberry Forest	2017	
	D-2: Covenant	D-1: St. Stephen's St. Agnes	
1993		D-2: Virginia Episcopal School	
Norfollk academy	2006		
	D-1: Collegiate School	2018	
	D-2: Covenant	D-1: Paul VI	
	D-3: Walsingham Academy	D-2: North Cr	